



What should I bring to class with me, while COVID-19 protocols are heightened?

- A bag large enough to hold all belongings, including shoes. A backpack works best!
- A pair of socks (everyone entering the gym must wear socks)
- Hand sanitizer (personal size is great)
- A water bottle, filled at home (the water fountain will not be used)
- Everyone (including children) must wear a mask while entering and exiting the facility. Any parents accompanying children into class must wear a mask at all times while inside the facility